

Newborn Screening Program Policy
Destruction of Residual Screening Specimen at Parental Request

Upon request of a parent or guardian (or a patient who is over the age of 18 years), the Newborn Screening Program will destroy any remaining dried blood specimens according to the procedure detailed below and subject to the following:

Requirements:

All required screening tests must have been performed and the patient's screening/clinical status related to these tests must be resolved.

The request must be made in writing and must include:

- A statement requesting destruction of residual newborn screening blood spot specimens in custody of the Newborn Screening Program
- The patient's name
- The name of the requestor
- A statement of the requestor's relationship to the patient
- The requestor's signature
- The date of the request

A photocopy of the patient's birth certificate must accompany the request.

Requests must be sent to:

Director, Newborn Screening
1610 NE 150th Street
Shoreline, WA 98155

Procedure

Within 60 days of receiving such a request the Newborn Screening Program will make a good faith effort to locate all specimens related to the identified patient. For each specimen located the Newborn Screening program will:

- Photocopy the front and back of the blood spots (and including the specimen card serial number that is printed on the specimen filter paper)
- Separate the filter paper containing blood spots from the specimen card.
- Destroy the filter paper and blood spots by incineration.
- Notify the requestor of all specimens located and destroyed, and the date destroyed.
- File the specimen card with the photocopy of the blood spots, the original written request and, a copy of the notification of action to the requestor.